

WELLNESS WATCH PACKAGE ♥



Whether a senior needs a daily, weekly or occasional check-in, we will be there for you. Our caregivers encourage seniors to maintain as much self-sufficiency as possible, while family members remain at ease knowing their loved one is receiving personal, deluxe care.

NIGHT OF RESPITE PACKAGE ♥

Respite care is not about abandoning or passing off your family caregiving roles. It's about finding a balance for you and your family. We enable you to leave for a few hours knowing your loved one is in capable hands.

WEEKEND PACKAGE ♥



Business trips, weddings, graduations and family gatherings—there are many reasons why you may need to get away for a few days at a time. Take comfort. While you are away, our caregiver will be there to make sure that your loved one remains safe and healthy.

For more information or to request a complimentary in-home consultation, visit www.PARIHOMECARE.com, write to info@parihomecare.com, or call 613-266-6765.



FLEXIBLE HOURS

Monday to Friday: 8:00 am to 6:00 pm
Evenings and Weekends: On Request

COMPANION SERVICES \$30/hr

- Morning wake-up assistance
- Evening tuck-in assistance
- Admin assistance
- Assistance at appointments
- Friendly companionship
- Grocery shopping assistance
- Grooming assistance
- Light gardening
- Medication reminder assistance
- Personal care assistance (non-PSW)
- Physical activity assistance
- Shopping and errands
- Social activities
- Supportive reminders

HOME HELP \$30/hr

- Changing linens and making bed
- Discarding spoiled food
- Disinfecting bathroom sink, toilet, shower
- Disinfecting counters
- Dusting
- Emptying trash bins
- Hand sewing
- Laundry and ironing assistance
- Meal planning
- Meal preparation
- Organizing bathroom towels and wash cloths
- Organizing closets
- Plant care
- Sweeping and mopping floors
- Vacuuming
- Washing dishes

PERSONAL SUPPORT WORKERS \$35/hr

- Bathing
- Dressing
- Exercises as recommended by professional
- Meal preparation, feeding and nutrition monitoring
- Medication reminder
- Observation and documentation
- Oral care
- Personal care and grooming
- Toilet hygiene
- Transfer and mobility



A new standard of care

DELUXE in-home care services

Personal Care
Home Help
Companionship
Convalescent Care
Respite Care

in Ottawa

47012-2638 Innes Road
Ottawa ON K1B 5B0

www.PARIHOMECARE.com
info@parihomecare.com
613-266-6765



IN-HOME SERVICES

We provide non-medical in-home services for seniors and persons who are physically challenged or recovering from illness or surgery, as well as respite for family members.

PERSONAL CARE ♥

We encourage you to be an active participant in your personal care so that you remain as independent as possible but when sensitive and potentially hazardous tasks become challenging, often times a little help can prevent injury.

HOME HELP ♥

Let our caregivers help in maintaining your loved one's independence for as long as possible. We can assist clients with their instrumental activities of daily living, such as shopping and running errands, light cleaning, administrative tasks and other activities that enable seniors to live at home independently and safely.

COMPANIONSHIP ♥

Our caregivers can accompany and engage in activities with your loved one, such as playing games, attending appointments and social events, going for walks, eating meals together or simply visiting a senior in the home for lively conversation.

CONVALESCENT CARE ♥

Our short-term recovery services are an outstanding solution that allows adults to recover following a surgery, an illness or an accident. We assist adults of all ages recovering from a surgery by providing pre- and post-operative in-home care.

RESPIRE CARE ♥

Pari Home Care offers in-home respite care services that provide family caregivers relief from caregiving, allowing them to recharge and reset emotionally as well as physically to avoid caregiver burnout.



Non-Medical In-Home Services
Personal Support Workers
Companions
Homemakers

CARE PACKAGES

To assist you in quickly identifying what you and your loved one need or require, Pari Home Care has designed its deluxe care packages based on the services that our clients request most often.

GOOD MORNING PACKAGE ♥



Since having a good morning can greatly improve the rest of the day our caregivers are primed to give the assistance required to begin the day on the right foot.

MEALTIME COMPANION PACKAGE ♥

During this visit we will prepare a nutritious meal based on personal preferences, do some light housekeeping, keep your loved one company during mealtime, and take care of the clean up.

HEALTH APPOINTMENT PACKAGE ♥



For many seniors, regular trips to the doctor's office are a normal part of life. When your loved one can no longer make the trip solo or make healthcare decisions on their own with confidence, we are here to help.